

# CHICO'S FRESH BREAD BAKERY CAFÉ

Esplanade Fax: 530-566-9607 Phone: 530-566-9605  
 Bakery Hours: Monday-Friday 6:00-5:00 Saturday 7-4



## Sandwich Hours:

Monday-Friday until 4:00 & Saturday until 3:30

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Pick up time at Esplanade bakery: \_\_\_\_\_

Circle One: **HERE** **TO GO**

### ~Build Your Own Sandwich~

Sandwich Only: Whole \_\_\_\_\_ Half \_\_\_\_\_

Sandwich Combo (Whole Sandwich, Chips, 24 oz Soda) \_\_\_\_\_

Half Sandwich with Soup \_\_\_\_\_ or Small Green Salad \_\_\_\_\_

### ~Choose your bread~

Honey Whole Wheat \_\_\_\_\_ Old-Fashioned White \_\_\_\_\_

Sourdough \_\_\_\_\_ Multigrain Types \_\_\_\_\_ Breadboard Special \_\_\_\_\_

#### Condiments

- \_\_\_\_\_ Mustard  
0 cal
- \_\_\_\_\_ Dijon Mustard  
5 cal
- \_\_\_\_\_ Porter Mustard  
5 cal
- \_\_\_\_\_ Mayo  
100 cal
- \_\_\_\_\_ Oil  
30 cal
- \_\_\_\_\_ Vinegar  
5 cal
- \_\_\_\_\_ Salt
- \_\_\_\_\_ Pepper
- \_\_\_\_\_ Hummus  
100 cal

#### Protein

- \_\_\_\_\_ Turkey  
90 cal
- \_\_\_\_\_ Ham  
90 cal
- \_\_\_\_\_ Roast Beef  
90 cal
- \_\_\_\_\_ Albacore Tuna  
65 cal
- \_\_\_\_\_ Smoked Turkey  
90 cal
- \_\_\_\_\_ Pastrami  
125 cal
- \_\_\_\_\_ Salami  
230 cal
- \_\_\_\_\_ Egg Salad  
100 cal
- \_\_\_\_\_ Bacon 2.85  
105 cal
- \_\_\_\_\_ Extra Meat 2.85

#### Veggies

- \_\_\_\_\_ Lettuce  
5 cal
- \_\_\_\_\_ Cucumber  
5 cal
- \_\_\_\_\_ Tomato  
10 cal
- \_\_\_\_\_ Red Onion  
10 cal
- \_\_\_\_\_ Spinach  
5 cal
- \_\_\_\_\_ Dill Pickle  
5 cal
- \_\_\_\_\_ Pepperoncini  
5 cal
- \_\_\_\_\_ Jalapenos  
5 cal
- \_\_\_\_\_ Avocado 2.00  
115 cal

#### Cheese

- \_\_\_\_\_ Provolone  
100 cal
- \_\_\_\_\_ Swiss  
110 cal
- \_\_\_\_\_ Cheddar  
110 cal
- \_\_\_\_\_ Pepper Jack  
100 cal
- \_\_\_\_\_ Cream Cheese  
50 cal
- \_\_\_\_\_ Extra Cheese 1.50

# CHICO'S FRESH BREAD BAKERY CAFÉ

Esplanade Fax: 530-566-9607 Phone: 530-566-9605  
 Bakery Hours: Monday-Friday 6:00-5:00 Saturday 7-4



## Salad & Panini Hours:

Monday-Friday until 3:30 & Saturday until 3:00

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Pick up time at Esplanade bakery: \_\_\_\_\_

### BUILD YOUR OWN SALAD \$11.00

#### Choose your greens

Spring Greens(25 cal) \_\_\_\_\_ Romaine(20 cal) \_\_\_\_\_ Spinach(25 cal) \_\_\_\_\_

#### Choose your toppings

Cucumber (5 cal) \_\_\_\_\_ Tomato (10cal) \_\_\_\_\_ Red Onion (10cal) \_\_\_\_\_

Shredded Green Cabbage(10 cal) \_\_\_\_\_ Jalapeno (5 cal) \_\_\_\_\_

Pepperoncini (5 cal) \_\_\_\_\_ Garbanzo Beans(60 cal) \_\_\_\_\_

Cranberries(90 cal) \_\_\_\_\_ Asian Crispies (65 cal) \_\_\_\_\_ Croutons (90 cal) \_\_\_\_\_

#### Choose your cheese

Blue Cheese (100 cal) \_\_\_\_\_ Cheddar (120 cal) \_\_\_\_\_

Parmesan (110 cal) \_\_\_\_\_ Extra Cheese 1.50 \_\_\_\_\_

#### Choose your dressing

Balsamic Vinaigrette (165 cal/oz) \_\_\_\_\_ Ranch (95 cal/oz) \_\_\_\_\_

Caesar(110 cal/oz) \_\_\_\_\_ Creamy Asian(140 cal/oz) \_\_\_\_\_

Blue Cheese(170 cal/oz) \_\_\_\_\_ Extra Dressing .75 \_\_\_\_\_

#### Choose your extras

Chicken(150 cal) \$4.00 \_\_\_\_\_ Tuna \$4.00(65 cal) \_\_\_\_\_

Chicken Salad (330 cal) \$4.00 \_\_\_\_\_ Turkey (90 cal) \$2.85 \_\_\_\_\_

Smoked Turkey(90 cal) \$2.85 \_\_\_\_\_ Roast Beef (90 cal)\$2.85 \_\_\_\_\_

Salami(230 cal)\$2.85 \_\_\_\_\_ Bacon(105 cal) \$2.85 \_\_\_\_\_

Avocado(115 cal)\$2.00 \_\_\_\_\_ Egg (75 cal)1.50 \_\_\_\_\_ Apple (60 cal) 1.25 \_\_\_\_\_

Walnuts (190 cal) 1.50 \_\_\_\_\_ Almonds (165 cal) 1.50 \_\_\_\_\_

Wheat \_\_\_\_\_ White \_\_\_\_\_ Sourdough \_\_\_\_\_ Multigrain \_\_\_\_\_ Breadboard \_\_\_\_\_



### SANDWICH AND PANINI MENU

Esplanade Fax: 530-566-9607 Phone: 530-566-9605  
Bakery Hours: Monday-Friday 6:00-5:00 Saturday 7-4

#### Sandwich Hours:

Monday-Friday until 4:00 & Saturday until 3:30

Name: \_\_\_\_\_ Phone \_\_\_\_\_

Pick up time at Esplanade bakery: \_\_\_\_\_ Circle: **HERE** or **TO GO**

#### SOUP

\_\_\_\_\_ Cup of Soup w/ Bread Soup Choice: \_\_\_\_\_ Bread Choice: \_\_\_\_\_

#### SANDWICHES

- \_\_\_\_\_ Chipotle Turkey
- \_\_\_\_\_ Turkey Cranberry
- \_\_\_\_\_ Chico Chicken Salad
- \_\_\_\_\_ The Italian
- \_\_\_\_\_ Spicy Turkey
- \_\_\_\_\_ California Cobb
- \_\_\_\_\_ Chimichurri Roast Beef
- \_\_\_\_\_ Harvest Veggie with Avocado
- \_\_\_\_\_ BLT
- \_\_\_\_\_ Peanut Butter and Jelly

~Choose your bread~
Honey Whole Wheat _____
Old-Fashioned White _____
Sourdough _____
Multigrain Types _____
Breadboard Special _____

#### PANINIS

- \_\_\_\_\_ Poor Benedict
- \_\_\_\_\_ Green Eggs and Ham
- \_\_\_\_\_ Bacon Classic
- \_\_\_\_\_ Grilled Cheese Cheese \_\_\_\_\_
- \_\_\_\_\_ Mediterranean Turkey
- \_\_\_\_\_ Out of the Forest Ham & Cheddar
- \_\_\_\_\_ The Good Buddy Pastrami
- \_\_\_\_\_ Southwestern Turkey
- \_\_\_\_\_ Turkey Pesto
- \_\_\_\_\_ Turkey Bacon Ranch
- \_\_\_\_\_ Buffalo Chicken Bleu
- \_\_\_\_\_ Tim Buc Moore

~Choose your bread~
Honey Whole Wheat _____
Old-Fashioned White _____
Sourdough _____
Multigrain Types _____
Breadboard Special _____

### SANDWICH AND PANINI MENU

Esplanade Fax: 530-566-9607 Phone: 530-566-9605  
Bakery Hours: Monday-Friday 6:00-5:00 Saturday 7-4

#### Salad & Panini Hours:

Monday-Friday until 3:30 & Saturday until 3:00



Name: \_\_\_\_\_ Phone \_\_\_\_\_

Pick up time at Esplanade bakery: \_\_\_\_\_ Circle: **HERE** or **TO GO**

#### SALAD MENU

\_\_\_\_\_ Cup of Soup w/ Bread Soup Choice: \_\_\_\_\_ Bread Choice: \_\_\_\_\_

\_\_\_\_\_ Small Green Salad Spring Greens \_\_\_ or Romaine \_\_\_ Dressing: \_\_\_\_\_

\_\_\_\_\_ Classic Field of Greens Add: Chicken \_\_\_ Tuna \_\_\_ Chicken Salad \_\_\_

\_\_\_\_\_ Asian Sesame Chicken Salad

\_\_\_\_\_ Caesar Salad Add Chicken \_\_\_\_\_

\_\_\_\_\_ Fuji Apple Chicken Salad

\_\_\_\_\_ Spring Greens with Chicken and Cranberry

\_\_\_\_\_ Chicken Bacon Ranch Salad Romaine \_\_\_\_\_ or Spring Greens \_\_\_\_\_